

VENTURA SCHEDULE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KIDS JIU JITSU						
KIDS 3 - 5 YEARS OLD		3:30 pm - 4:00 pm		3:30 pm - 4:00 pm	3:20 pm - 4:00 pm	
KIDS 4 - 6 YEARS OLD (LEVEL 01 & 02)	3:20 pm - 4:00 pm		3:20 pm - 4:00 pm		3:20 pm - 4:00 pm	
JUNIORS 7 - 8 YEARS OLD (LEVEL 01 & 02)	5:00 pm - 6:00 pm	4:00 pm - 5:00 pm	5:00 pm - 6:00 pm	4:00 pm - 5:00 pm	4:00 pm - 5:00 pm	
TEENS 9 - 13 YEARS OLD (LEVEL 01 & 02)	4:00 pm - 5:00 pm	5:00 pm - 6:00 pm	4:00 pm - 5:00 pm	5:00pm - 6:00pm	4:00 pm - 5:00 pm	
KIDS NOGI 7 to 13 (LEVEL 02)		5:00 pm - 6:00 pm		5:00 pm - 6:00 pm	5:00 pm - 6:00 pm	
KIDS COMPETITION 7 to 13 (INVITED ONLY))	4:00 pm - 5:00 pm	4:00 pm - 5:00 pm	4:00 pm - 5:00 pm	4:00 pm - 5:00 pm	4:00 pm - 5:00 pm	
PARENTS AND KIDS						9:30 am - 10:00 am
ADULT JIU JITSU						
FUNDAMENTAL JIU JITSU	9:30am- 10:30 am 6:00 pm - 7:00pm	7:00am- 8:00 am	9:30am- 10:30 am 6:00 pm - 7:00pm	7:00am- 8:00 am		10:00 am - 11 am
ALL LEVELS	9:30 am - 10:30 am	7:00am- 8:00 am	9:30 am - 10:30 am	7:00am- 8:00 am		10:00 am - 11 am
ADVANCED JIU JITSU	6:00 pm - 7:00 pm	6:00 pm - 7:00 pm	6:00 pm - 7:00 pm	6:00 pm - 7:00 pm		
NO - Gi		6:00 pm - 7:00 pm		6:00 pm - 7:00 pm		
OPEM MAT	10:30 am -11:00am 7:00 pm - 7:45 pm	8:00am - 8:30 am 7:00 pm - 8:00 pm	10:30 am -11:00am 7:00 pm - 7:45 pm	8:00am - 8:30 am 7:00 pm - 8:00 pm	6:00pm - 7:30pm	11:00 am-12:00 am
COMPETITION TRAINING DRILL		6:00 am - 7:00 am		6:00 am - 7:00 am		
JIU JITSU CONCEPTION (PROFESSOR CRAIG HUSBAND)						8:00am- 9:30 am
KETTLEBELLS	8:15 am - 9:15 am 5:00 pm - 6:00 pm		8:15 am - 9:15 am 5:00 pm - 6:00 pm		8:15 am - 9:15 am 5:00 pm - 6:00 pm	8:30 am - 9:30 am

ADULT INTERMEDIATE, ADULT ADVANCE, NO-GI and open mat is to students who finish 24 FUNDAMENTAL classes and got invited